

### Excitements, Life Abilities And Risks Of Each Domain

#### 3. The Gestalt Therapy Map of Polyphonic Development of Domains

. Gestalt Therapy in Clinical Practice: From Psychopathology to the Aesthetics of Contact (Gestalt Therapy Book Series) (Kindle Locations 2600-2601). Istituto di Gestalt HCC Italy. Kindle Edition.

*Table 1. Excitements, life abilities and risks of each domain.*

<b>Domain</b>	<b>Excitement</b>	<b>Life ability</b>	<b>Risk</b>
Being confluent	Being part of the environment	Embodied empathy	Confusion Madness
Introjecting	Giving names	Learning	Depression
Projecting	Plunge into the world	Imagination, discovery, courage	Paranoiac experience
Retroreflecting	To be well confined in oneself	Safety Well-informed	Solitude Grandiosity
Egotism	The pleasure and pride in being oneself	Autonomy Finding a strategy in a difficult situation	Control, Boredom, Void